

INTERNATIONAL
CONGRESS

NOVO MODO

SCIENCE
& PRACTICE

TREVISO,
JUNE 17th
2017

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“ECCENTRIC TRAINING IN SPORT, PREVENTION AND FUNCTIONAL RE-EDUCATION: KINEO EXPERIENCE”

09.30 - 09.45	PIERPAOLO LUCCHETTA	Welcome and congress opening.
09.45 - 10.15	BRENO MOREIRA LEITE	ECCENTRIC MUSCLE CONTRACTION: physiology and load planning.
10.20 - 11.00	RUBEN OSCAR ARGEMI	- NEUROMUSCULAR TRAINING: concept and importance in sport, prevention and functional recovery. - FOCUS ON THE HAMSTRING: prevention and muscle lesion recovery.
11.05 - 11.30	BOB CHEN	OLYMPIC ATHLETES ACUTE SPORT INJURY REHABILITATION THROUGH ECCENTRIC TRAINING.
11.30 - 11.45	Coffee break	
11.45 - 12.10	ILARIA PECORARO	REHABILITATION PROTOCOLS INTEGRATED WITH KINEO SYSTEM.
12.15 - 12.35	GIAN NICOLA BISCIOTTI	ETIOLOGY AND TREATMENT OF INDIRECT MUSCLE LESIONS.
12.40 - 13.00	GREGORY VIGNE	DYNAMIC ISOKINETIC PROFILE IN FEMALES WITH AND WITHOUT PATELLA-FEMORAL PAIN SYNDROM AFTER ACL RECONSTRUCTION.
13.00 - 14.00	Lunch	
14.10 - 14.30	ARTEM SHENTYURK	BENEFITS OF THE ECCENTRIC TRAINING IN DIFFERENT SPORT DISCIPLINES.
14.35 - 15.00	GIANPAOLO BOSCHETTI	PREVENTION AND TREATMENT OF JUMPER'S KNEE PATHOLOGIES.
15.05 - 15.20	SEBASTIAN BARDUS	COMPARISON BETWEEN ISOINERTIAL AND BIPHASIC DIFFERENTIATED LOAD METHODS.
15.25 - 16.00	ENRICO DAZZAN	- WORKOUT PROPOSALS FOR SHOULDERS DISORDERS. - OVERLOAD SAFE JUMP, RUNNING INSTABILITY AND ECCENTRIC PREVENTION.
16.05 - 17.30	WORKSHOP	
17.30	Conclusions	

 TIMETABLE
from 9.30 to 17.30
 LOCATION
HOTEL PRIMAVERA • Via Roma, 104 31010 Godega di S. Urbano (TV)
 ADDRESSEES
Physiotherapists • Personal trainers Physiatrists • Sport medicine doctors

   THE FEE INCLUDES
coffee break • lunch folder with informative material
   PARTICIPANTS
limited places
 REGISTRATION MODE
online form on novomodo.com
 REGISTRATION DEADLINE
June 16 th

 REGISTRATION FEE
120 € full ticket € 60 (within may 31 st) € 60 (Universities, Physiotherapist associations and AIPAC members)
 ORGANIZATION OFFICE
Phone.: (+39) 0438 793337 info@novomodo.com

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LECTURERS



GIAN NICOLA BISCIOTTI

• ITALY •
Mr. Bisciotti wrote 15 books and more than 350 articles on athletic preparation, physiology, biomechanics and rehabilitation. He is now in charge of the recovery of injured players at F.C. Internazionale soccer club. He worked with the staffs of head coaches such as Lippi, Tardelli, Cuper, Zaccheroni, Mancini and Mourinho and he participated in the FIFA World Cup in 2010 and 2014 with the Algerian team.



BRENO MOREIRA LEITE

• BRAZIL •
Graduated in Physical Education at the University of Rio de Janeiro and in Physiotherapy, he is member and director of the first training center in mechanics of vibrations. He participated in many national and international conferences as a lecturer on vibration stimulation, electrostimulation and the new training methods in professional sports.



ILARIA PECORARO

• ITALY •
Graduated in Physiotherapy is Professor and Clinical Tutor of the Physiotherapy Degree Course and Laboratory Performance Improvement and Neuromotor Rehabilitation at C.U.M.FeR. Of the "Università degli Studi G. d'Annunzio".



SEBASTIAN BARDUS

• ITALY •
Personal Trainer specialized in hypertrophy training, weight loss programs, Calisthenics and in specific training programs aimed at preventing injuries and improving performances in volleyball.



ARTEM SHENTYURK

• TURKEY •
Personal Trainer at the international center Gloria Sport Arena, specialist on eccentric training and functional evaluation, expert on biomechanics of movement, anthropometrics, body composition.



RUBEN OSCAR ARGEMI

• ARGENTINA •
Director of the Boca Lab (Boca Juniors), Argemi made more than 500 national lectures and more than 1,000 international lectures. He specializes in sports medicine and physical rehabilitation medicine. He is in the management of clinical and academic bodies. He published more than 20 works on biomechanics and nutritional supplements. He is member of the main federations of sports medicine, among which the International (FIMS), Argentinian and South American federations.



BOB CHEN

• CHINA •
President of Dr. Chen Sport Training and Rehabilitation Center, Beijing China. Chief PT, 2008-20012-2016 Chinese Olympic Game Delegation. PhD, Biomechanics and Sport Medicine University of Oregon. PT, licensed Physical Therapist USA and Hong Kong.



GIANPAOLO BOSCHETTI

• ITALY •
Graduated in Sports Science and in Massage Physiotherapy, in 2012 he set up PhysioHP, where he works on athletic preparation and functional recovery of professional athletes. He also worked two years with the Italian Beach Volley national team winning 3 world medals. Currently strength and conditioning coach in female volleyball Italian Super League, he is also a teacher at the Faculty of Medicine of the University of Florence and for the Italian Volleyball Federation.



ENRICO DAZZAN

• ITALY •
Graduated in Physiotherapy at the University of Padua, specialized in Orthopedic Rehabilitation, attended the International Master in Sport Rehabilitation (EdiA. Milano 2016), practices as a freelance at the Center of Medicine of Conegliano since 2007.



GREGORY VIGNE

• FRANCE •
PhD in Sport Sciences and Master degree in Physical, Mental Preparation and Rehabilitation, he gained a relevant experience in physical and performance training in professional football. Currently he is Sport Scientist strength and conditioning head coach at Athletic France.

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